

Mountaineer

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News

Bombing of U.S. Embassy, in Nairobi, Kenya, claims a soldier's life. Army assisting with relief.

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Military



Commander s



Riggs

**“At Fort Carson,
we have some
of the Army’s
finest family
programs ...”**

In the old Army, there used to be an unwritten saying floating around that: If the Army wanted you to have a wife/family, it would have issued you one.

Today's Army takes a much different approach. The Army fully recognizes that quality of life and families that are well cared for are not only important career motivators, but also vital to the readiness of the force. About two-thirds of all soldiers are married. There are single-parent soldiers; soldier moms as well as soldier dads. There are also two-soldier families. Many of them have children.

At Fort Carson, we have some of the Army's finest family programs, and a dedicated staff who performs above and beyond to ensure our soldiers' families are provided the best care possible.

One of those exemplary programs is Child and Youth Services, and in particular, the Day Camp programs at Fort Carson.

If you're one of those married soldiers with a working spouse and children, summer school vacation presents a huge problem. Likewise if

you're a single parent. What do you do with the children during summer break? Work still goes on.

Even if a child is old enough to be left at home idleness can be a problem. Parents like to have their children active, occupied, supervised and provided direction and nutritious meals.

Coming to the rescue was the CYS Summer Day Camp Program.

Under the direction of Jan McConnell, CYS director; and the Youth and Children Program Coordinator Joe Leavell; Ruth Combs, director of School Age Services; and Mary Tunder, youth development programmer, a series of 10 weekly day camps were made available to Mountain Post families.

Combs and her staff started in January, planning for 10 weeks of day camps, each with a different theme and activities.

In addition to the 24 people already on staff, an additional 40 4-H counselors were added for the summer.

Under the supervision of Ron Noakes, these 4-H counselors, obtained through a partnership with the 4-H Cooperative Extension program at Colorado State University, the SAS staff handled an average of 350 children per camp. Although not all children attended camp every week, 500 different children attended some of the SAS camps, the final camp concluding last week.

Combs and her staff planned creative activities and utilized Morale, Welfare and Recreation activities, such as swimming, bowl-

ing and miniature g
Community Oriente
programs for the d
dren participated i
Performing Arts m

A school-type
camp.

Most important
well cared for, occ
fun. And moms and
their jobs without

At the Youth Summer story. Some 30 some or all of the camp fee were such whitewater river rafting, climbing, computer

Guest speakers
wildlife, Colorado
to pan for gold.

Those day can be
experiences for the
adventurous and for

Fees for the day care fee scale, based on income, are affordable. A discount is given for a second or third child. All day care is free.

Not only do the
mind with their chi
camps, the price is

Our hats are of
Ron and the army of
not only contributed
families and the ow

Sound Off!

**What would you like
to get done before
summer ends?**



Pfc. Kenji Mapes
1-68 Armor

Spend some time outdoors rock climbing and hiking.



Gabrielle

Culbertson and
daughter Jessica
Family members
Get some swimming
in before it gets too



Brian Montoya
Family member

I want to go skydiving and get my lip and ear pierced.

Soldier dies in embassy bo

Army playing key role in relief effort

Army News Service

One soldier was killed when the U.S. Embassy in Nairobi, Kenya, was bombed Aug. 7. The U.S. Embassy in Dar es Salaam, Tanzania was also bombed but no service members were killed.

Army Sgt. Kenneth R. Hobson, II, of Nevada, Mo., was assigned to the U.S. Army Defense Attache, Kenya, as an administrative assistant. Hobson, 27, is survived by his wife, Deborah, one daughter, and his parents, Kenneth R. and Bonnie Sue, of Lamar, Mo. His wife is a civilian employee of the embassy and the family lived in Nairobi.

At last count the death toll for Kenya was 200, and for Tanzania, 10. News reports claim four to five thousand were injured in Kenya and 74 injured in Tanzania. There have been 12 U.S. citizens killed in the two bombings. Some of the injured have been evacuated to military hospitals in Germany and the United States.

General Tony Zinni, commander, United

States Central Command at MacDill Air Force Base, Fla., has directed the establishment of a joint task force to support relief efforts in Kenya. Brig. Gen. Stephen T. Johnson, inspector general for CENTCOM, is in Kenya and will serve as the commander of the joint task force supporting the U.S. State Department in what has been titled Operation Resolute Response by the Department of Defense.

DoD is providing logistics, transportation and medical support for the overall relief effort. The first military flight of critical care medical and security assistance was loaded and launched within nine hours of the incident. So far, DoD has sent or scheduled 14 flights, carrying 36 military medical personnel, more than 360 units of whole blood, more than 100 security personnel and more than 150,000 pounds of equipment and medical supplies.

Teams from the U.S. European Command are en route and include a 20-person Army Forward Surgical Team, a seven-person Army Combat Stress Control Team, a three-person Critical Care Transport Team and a seven-person Air Force Aeromedical Evacuation Crew.

CENTCOM units deploying to support the recovery operation include a 50-man Marine Corps Fleet Anti-Terrorism Security Team to

augment security personnel at the bomb site, and a team from Guam to assist in the recovery effort.

In addition, a team of medical personnel is being sent to the area of operation to provide medical aid.

Some of the injured are being treated in a military hospital in Landstuhl, Germany, this weekend. Colonel Robert L. Johnson, commander, confirmed that five Kenyans had been killed. He said one U.S. citizen was killed. Another victim was a German hospital.

Harvey said the victims had shrapnel wounds, lacerations, chest trauma and other injuries. Some victims are on ventilators in the intensive care unit, but that the condition of the victims is improving. More victims are expected to arrive in Landstuhl today, and the number of victims is expected to rise.

Other service members were injured in the embassy bombing. Master Sgt. Sherry L. Johnson, 34, of Ft. Belvoir, Fla., assigned to the 1st Air Force Element, U.S. Central Command, was injured in the bombing.

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CLASSIFIED

Floods in Korea take

Quick recovery delayed by water levels, public informed of danger

Army News Service

Four U.S. soldiers have died in South Korea since flooding began there Aug. 7.

Two soldiers from a signal battalion were killed this past weekend when a mudslide hit their bivouac site near Myundae Mountain south of Seoul, Korea. A third soldier was killed after falling into a flooded ditch at Suwon Air Base and a fourth soldier died after falling off a balcony.

Flooding has damaged facilities at four 2nd Infantry Division installations: Camps Red Cloud, Stanley, Stanton and Casey. In addition, large metal containers believed to contain ammunition were washed downstream by floodwaters at Camp Casey.

Those killed include Pfc. Bernard McAdams, 20, from 1st Battalion, 43rd Air

Defense Artillery, Eighth U.S. Army, who died Aug. 9, at Suwon Air Base, after falling into a flooded ditch. His body was recovered at about 1 a.m., Aug. 9, and taken to Osan Air Base Medical Facility, where he was pronounced dead. McAdams was from Penfield, N.Y.

Staff Sgt. Jennifer T. Warner, 35, of Company A, 304th Signal Battalion, 1st Signal Brigade, was pronounced dead at the scene when a mud slide hit her unit's field site near Myundae Mountain, south of Seoul. Warner was from Tullahoma, Tenn.

Spc. Thomas D. Patterson, age 27, of Company A, 304th Sig. Bn., 1st Sig. Brig., also died in the mudslide. His body was recovered and taken to the 121st General Hospital, Yongsan, Seoul, where he was pronounced

dead. Patterson was

Sgt. 1st Class
229th Signal Battalion,
1st Signal Brigade,
and died at approximately
day. Knipping was
cause of the accident.

Damage is being
assessed by military
officials at Camps Red
Cloud and Casey to deter-
mine the cause of the
flooding. Recovery

At Camp Casey,
large metal containers
containing small arms
ammunition were washed
into a creek that
flows through the camp.
There are currently
no plans to move these
containers. Floodwaters
are rising and the
command is working to
down the stream bank
at Camp Casey.

The 2nd Infantry
Division is making an
effort to assess the
damage and recover and
as soon as possible, a

Community

Early warnings may lead to teen suicide prevention



Carlotta James

by Pfc. Socorro A. Spooner
Mountaineer staff
There are many adolescents living in Army families. For the most part they live normal, active, healthy lives, but the stresses they deal with are sometimes overwhelming.

The stresses these adolescents deal with range from constant moving, blended families, self-esteem issues and academic problems, according to Carlotta James, Youth Services supervisor. These are stresses many teens deal with, but there are those who have a harder time than others in coping with them, she said. If there is any reason to suspect a teen is thinking about or discussing ideas about suicide it's important to take them seriously, said James.

It's important to remember teen suicide attempts are contagious, she said.

This is especially true if someone close to a teen or in the teen's family has died. Many teens let the stress of everyday life add to the stress of a death, boxing themselves into a corner. The teens begin to ask why it wasn't them who died instead, or they feel guilt associated with the death, said James. They believe if they could have done something dif-

ferent it would have changed the ultimate outcome, she said. Some warning signs to look for are mood swings, isolation and intense anger, said James.

If (parents see) this pattern, they should seek professional help, said James. Parents often are too close to the problem to help.

Parents who are unsure whether they are seeing these warning signs in their child should try talking to their child's friends, since a teenager normally opens up more to a friend than to a parent or adult, said James.

Once a parent sees or suspects symptoms of depression it's important for them to take preventative measures, according to James. Parents should secure weapons or medication that may be lethal, become aware of school problems, communicate openly with their children and try to keep them as busy as possible, she said.

According to *Teens at Risk: How to Recognize and Prevent Adolescent Suicide*, by Kevin Lekhey, M.D., girls are three times more likely than boys to commit suicide. Boys are successful four times as often as girls. Home is the setting for nine out of every 10 suicide attempts.

For those parents who suspect or recognize the signs leading to suicide, there is local help on post and off post for their teens. On post, Mental Health at Evans Army Community Hospital could help answer any questions and off post, Pikes Peak Mental Health Center can offer answers to any questions parents may

Signs of depression

Depression is emotional dejection greater and more prolonged than that warranted by any objective reason, according to the Random House College Dictionary. Depression among adolescents is usually taken lightly by adults. But depression persisting for longer than one week may signal a serious problem, according to *Teens at Risk* by Kevin Lekhey.

Signs of Serious Depression

Loss of interest in things that were once a source of enjoyment

Long-term change in mood

An increase or decrease in the amount of time spent sleeping

Weight loss or weight gain

Difficulty concentrating

Loss of energy

Movement changes for instance, going from lethargic in the morning to agitated in the afternoon

Guilty feelings, which may be manifested by sadness, withdrawal, self-reproach, or obsessions

Suicidal thoughts or talks of death

For more information, call Mental

DECAM intern receives honor

Communication Award of Excellence awarded for Pollution Prevention video

by Susan C. Galentine
DECAM contributing writer

The Environmental Protection Agency honored a former member of the Directorate of Environmental Compliance and Management with the Excellence in Communication Award July 23.

Kelly O'Neill, a former Oakridge Institute for Science and Education participant at DECAM, earned the award for a pollution prevention video she produced. O'Neill was affiliated with DECAM from 1996 to 1998 under the ORISE program, a federal internship program for college students or recent graduates.

The EPA's Excellence in Communication Award recognizes an individual's ability to get the message of environmental concerns across to a specific audience. In this case, the audience is the military members at Fort Carson and the Air Force Academy.

It (the video) tries to recommend and encourage environmental practices within an individual's work area, said O'Neill of her

video project.

Video production took O'Neill from September 1996 to November 1996 to complete. The video was a coordinated effort between Fort Carson, the United States Air Force Academy and the EPA. The 25-minute video includes an introduction by Fort Carson's former commanding general, Maj. Gen. John M. Pickler and the Academy's former superintendent Lt. Gen. Paul Stein.

The emphasis of the proactive video is the pollution prevention tiers and how both installations employ these P2 measures.

The four tiers are broken down in inverted pyramid style.

Source reduction encourages reducing the amount of products used on an installation.

Recycle and Reuse involves the ability to use all or part of a product again.

Treatment deals with adding something to a product to either make it harmless or reusable.

Disposal of waste is to be avoided as much as possible

because of the cost involved, because it adds layers of pollution and it takes up limited landfill space.

Throughout the video the narrator visits different sites at both installations relating to the P2 tiers. At the Academy, they visit the Hazardous Material Pharmacy, the Recycling Center and The Drop & Swap Shop, which is where residents of the Academy can bring excess household hazardous materials for others to pick up and use for free.

Since the video was produced, Fort Carson started its own Hazardous Material Control Center to track, maintain and supply post products to units.

While at the Mountain Post, the video first spotlighted the solar wall installed at the AVUM Hangar. The narrator also visited the 4th Engineer Battalion to show several environmental practices in place there, such as an antifreeze recycling machine, vehicle funnel catch basins for fluids and how the materials are segregated. A segment is included on the Fort



Kelly O'Neill and son, Joshua

Carson Inspection Program and a stop is also made at the Fort Carson Recycle Center.

The video project was O'Neill's first. She said the most difficult part of production was coordinating the two generals' schedules in order for them to appear on the video together.

O'Neill, a Louisiana native, has

Dental Clinic #1 ‘Ristorante Italiano’

by Pfc. Socorro A. Spooner
Mountaineer staff

It took almost an entire week to prepare the Italian dinner, but the smiles on the diners faces was well worth it, said Col. James Belfiglio, Dental Activity commander, and his wife, Ann.

The diners were the employees of Dental Clinic #1, who won the dinner after placing the highest sealed bid of \$450, according to



Ann Belfiglio serves coffee to Virginia Ray during the Italian dinner.

Allison Washington, dental assistant. All of the clinics had the chance to win, but our clinic's bid was the highest, she said. It was exciting to hear them announce Dental Clinic #1 as the winner with the highest bid.

The Belfiglios offered their services for a sealed bid auction to help raise money to defray the cost of functions such as organization days. The auction was held in June at the Spiritual Fitness Center other services auctioned off that day were baby-sitting, handmade items, baked goods, trips and many other things, according to Virginia Ray.

We had fun during the auction and during the preparation for the dinner, said Belfiglio.

The dinner served to the clinic featured lasagna, salad, bread and desserts. It took Ann about a day to make the Trifle, Pizlees, Biscottis and Terra Misu, she said.

I enjoy cook a lot, but the best part is seeing them enjoy the food, she said.

The Belfiglios didn't only prepare and serve the food they also provided authentic Italian music to add to the ambiance of the dinner.



Photos by Pfc. Socorro A. Spooner
Colonel James Belfiglio, Dental Activities commander, slices bread to accompany the dinner.

New arches arrive

Workers from Sam Terrel Industries, contractors, began the replacement of the damaged arches at Soldiers Memorial Chapel Aug. 11. The chapel is still under restoration from the Jan. 3 fire which destroyed a portion of the main sanctuary, the organ, the piano and religious items.



Photo by Pfc. Socorro A. Spooner

Chapel

An account has been established to receive donations toward the replacement of sanctuary furnishings destroyed during the January fire at Soldiers Memorial Chapel. Send checks or money orders to the chapel or the Installation Chaplain's Office.

A Protestant program The Adventure-Discovering yourself and God's mission in your life will be conducted Aug. 28 from 5:30 to 8 p.m. at Soldier's Memorial Chapel. Dinner will be served and child care is available. To register call by Aug. 24. For more information, call Dennis Scheck at 526-5626.

Protestant Summer Sunday School is being offered at Soldiers Memorial Chapel in the Chapel Religious Education Wing building 1500 every Sunday from 9:30 to 10:30 a.m. Classes are offered for adults and youths. Group sessions are conducted for children using Christian Videos.

Religious Education Classes need volunteers to serve as teachers and assistants in the Protestant and Catholic Religious Education Programs. If interested, call Miki

Chapel Schedule

ROMAN CATHOLIC					
Chapel	Service	Day	Time	Location	Contact Person
Healer	Mass	Sunday	11 a.m.	Evans Army Hospital	Fr. Gagliardo/526-7386
Healer	Mass	M - W-F	11:45 a.m.	Evans Army Hospital	Fr. Gagliardo/526-7386
Provider	Mass	Sunday	12:15 p.m.	Barkeley & Ellis	Chap. Cavanaugh/526-5769
Soldiers	CCD	Sunday	10:45 a.m.	Nelson & Martinez	Ms. Feldman/526-0478
McMahon	Mass	Sunday	9:30 a.m.	Bldg. 1517	Chap. Cavanaugh/526-5769
Veterans	Mass	Sunday	8 a.m.	Magrath & Titus	Chap. Cavanaugh/526-5769

Changes in worship services due to the fire at Soldiers Memorial Chapel are denoted in bold type.

LITURGICAL					
Provider	Liturgical	Sunday	10:30 a.m.	Barkeley & Ellis	Chap. Brock/526-1473
PROTESTANT					
Healer	Protestant	Sunday	9 a.m.	Evans Army Hospital	Chap. Tarvin/526-7387
Prussman	Prot/Samoan	Sunday	8 a.m.	Barkeley & Ellis	Chap. Hamrick/526-4206
Provider	Sun. School	Sunday	10:15 a.m.	Barkeley & Ellis	Chap. Duvall/526-4416
Provider	Protestant	Sunday	9 a.m.	Barkeley & Ellis	Chap. Stephen/526-4416
Prussman	Sun. School	Sunday	9:30 a.m.	Barkeley & Prussman	Chap. Giles/526-4206
Prussman	Prot/Gospel	Sunday	11 a.m.	Barkeley & Prussman	Chap. Giles/526-4206
Soldiers	Sun. School	Sunday	9:30 a.m.	Nelson & Martinez Dr.	Scheck/526-5626
McMahon	Protestant	Sunday	11 a.m.	Bldg. 1517	Chap. Cooper/526-8011
Veterans	Protestant	Sunday	9:30 a.m.	Magrath & Titus	Chap. J. Hartranft/524-1822
Veterans	Protestant	Sunday	11 a.m.	Magrath & Titus	Chap. Simo/526-8890

For additional information contact the Installation Chaplain's Office, Bldg. 6227, at 526-5209. For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636. Normally, free child care is available for infants and preschool age children during on-post worship services. Some worship services offer a children's church for ages 6 to 12.

Daily Bible Readings

In order to assist in regular scripture reading, the following scriptures are recommended. These are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

- Saturday, Psalms 70 & Nehemiah 1-3
- Sunday, Psalms 71& Nehemiah 4-6
- Monday, Psalms 72 & Nehemiah 7-9
- Tuesday, Psalms 73 & Nehemiah10-13
- Wednesday, Psalms 74 & Esther 1-3
- Thursday, Psalms 75 & Esther 4-6

Chaplain s Corner

by Chap. (Maj.) Markku
Nurmesviita

We are living morally and ethi-
cally deprived. We are doing what
is right in our own eyes because
we fail to follow God s plan. While
I was chaplain for the homeless in
Kansas City, Mo., I found that
more than 90 percent of the peo-
ple who were homeless were
homeless because of sin. They
chose to live their own way with
no regard to God nor his com-
mandments. It was while I was in
Kansas City that I discovered in
Deuteronomy 5 that God gives us
six reasons why we should keep
the Ten Commandments. I am
sure there are probably many
more, but I think that these six are
probably at the top of the list.

Deut. 5:6 I am the lord your
God who brought you out of the
land of Egypt out of the house of
bondage.

Now, many of you may be say-
ing, Wait a minute, I am not
Jewish. This scripture does not
apply to me. If you do not mind, I
am going to take a little liberty with
scripture and change this verse to
reflect what I think is more correct
for us today. I believe God says it
this way to us today, I am your
God and I bought you from the
land of death and from out of the
house of the bondage of sin. I



in your mother s womb. In fact, I
knew you before you were ever
conceived. I am your God and I
long to have a relationship with
you. I am yours whether you
acknowledge me or not. I bought
you with my own blood. I came in
the image of man only to be
mocked and slaughtered on the
cross, so that I could pay for your
sin debt. Many of you do not know
me but I love you just the same as
if you did. I became not only the
final sacrifice for the chosen ones
of Israel, but for all mankind. I
made a promise to Abraham that I
would bless not only him and his
people, but the whole world. I kept
this promise when I came to earth
in the form of man, called Jesus. I
am your God, and I have paid the
price for your sins. Will you come
to me?

believe
God is
saying to
the world
that I am
your God.
I created
you. I
made you
in my own
image. I
formed
you while
you were

My blood has bought you from
the grips of death. Death once
meant eternal separation from me
because I cannot look at sin.
Death, to those who come to me,
will no longer mean eternal sepa-
ration, because I poured out my
blood for you. It dripped upon the
cross so that you vessel (soul)
could be cleansed and made
whole. I have loved you so much
that I died so you could live out-
side the bondage of sin. You see, I
did not come to judge you. Sin
itself will judge you. Sin deprives
you of all blessings I have for you.
Sin destroys you from the inside
out. I died and bled so you may
live joyfully. Will you come to me?

You see the first three reasons
for following the Ten
Commandments are not really
what we get, but what God has
done for us.

I am your God.
I paid the price.
I have bought you.

In Deut. 5:33, God gives us
three more reasons for being to
the Ten Commandments. These
are somewhat directly related to
the above, but also disconnected,
because one does not need to be
Christian or Jewish to benefit from
keeping the Ten Commandments.
God says that you shall walk in all
they ways which I have command-

ed you, that you may live, and that
it be well with you, and that you
may prolong your days. I have
observed and I believe scientific
evidence proves that following the
Ten Commandments is whole-
some living or, in other words, liv-
ing clean. Living clean reduces
stress.

I once knew a guy who lived a
life of adultery. He was in constant
fear of catching a disease. I told
him that if he did not quit, he
would either die from some ail-
ment or from stress.

A certain amount of stress is
good for us. I call this healthy
stress. Guilt and shame cause
unhealthy stress which hurts our
physical and mental well-being.
Clean living reduces the stress
and also reduces the possibilities
of catching sicknesses from oth-
ers. When we drastically reduce
stress, we gain the benefit of joy-
ful living. Clean living produces a
simple life and a simple life
reduces complication in our lives.
Reduced complications produce a
joyful lifestyle. Sin creates cata-
strophes and robs us and others
of joy. Because we do not live in
glass bubbles, sin affects all who
live close to us. Sin is both singu-
lar and plural. What I do to myself
affects me and others around me.
Joy also is singular and plural. Joy

Military



Colonel David Hunt, 5th Armored Brigade outgoing commander, passes the colors to Maj. Gen. Warren Edwards.

New dog tops armor

Fort Carson Public Affairs Office

The 5th Armored Brigade welcomed a new commander Aug. 7, when Col. Jon D. Greer replaced Col. David W. Hunt as the brigade commander in a change of command ceremony at Manhart Field.

Greer is coming to the Mountain Post with 21 years of Army experience, the majority of them spent as a light infantryman.

He takes command here after serving as the Senior Light Task Force Observer Controller for the Light Task Force Team (Airborne) at the National Training Center,

Fort Irwin, Calif. At NTC, he trained, organized and finished a deployment of the 3rd Infantry Division.

An easygoing leader, Greer, as the former commander of the Training Brigade, arrived on Aug. 24, 1997 as the new commander.

The brigade is currently conducting a unit and symposium of activities of the Mission.



The troops are inspected by the command group during a change of command ceremony.

Medics provide medical maintenance to soldiers

by Pfc. Adam Thornton

14th Public Affairs Detachment

When flesh and the elements of war collide, quick and efficient medical assistance for soldiers injured on the battlefield is a must.

The Troop Medical Clinic at the Pinon Canyon Maneuver Site is there to answer the call of the soldier in distress.

The TMC has the equipment and personnel needed to handle injuries and medical emergencies suffered by soldiers participating in field exercises at PCMS, said Maj. Patty McKinney, officer in charge of the TMC, 10th Combat Support Hospital.

To best diagnose a variety of illnesses and injuries, the TMC is staffed with an emergency medical doctor, along with orthopedic, X-ray, lab and pharmacy technicians 24 hours a day, seven days a week.

"In cases where a full diagnosis cannot be made, or the patients are suffering from extreme trauma, they are airlifted to the nearest hospitals where better treatment can be administered," she said.

The TMC is also equipped with an intensive care unit where sick and injured soldiers, whose ailments are not severe enough to be airlifted, can be monitored through to recovery, she said. Soldiers then return to their units to continue training.

"On the average, soldiers are

returned to their units within two days," said Sgt. First Class Patrick Birman, non-commissioned officer in charge of the ICU, 10th CSH.

During training, the ICU is set up with eight beds — much smaller than the 296 beds set up during a regular deployment, said Birman. At PCMS, the ICU averages about two patients daily.

Most injuries sustained by soldiers while at PCMS are orthopedic related, said Sgt. Richard Guthrie, Orthopedic NCOIC of the TMC, 10th CSH.

Common causes of injuries are soldiers slipping and falling off their vehicles, closing tank hatches on their fingers, dropping heavy objects on their feet or injuring their backs while twisting, he said.

Soldiers have also experienced severe reactions to insect and snake bites, along with being pricked by cactus quills.

Afflicted soldiers sometimes have trouble distinguishing between the three, said Sgt. Jason M. De Los Santos, day shift leader of the TMC, 10th CSH. Personnel at the TMC can usually tell the difference, he said.

So, like all the moving parts of a sophisticated machine, sometimes something breaks. In this case it is a soldier. And like the many mechanics we rely on to fix and maintain our machinery, the TMC has the resources to fix us when we break.



A soldier is loaded into a helicopter



Teamwork plays an important role in load and unload patients.

A tank from Company B, 1st Battalion, 68th Armor rolls over a hill in search of the enemy.

Tanks roll into

by Pfc. Adam Thornton
14th Public Affairs Detachment

The thunder rolling across the plains of Pinon Canyon Maneuver Site is more than Mother Nature's fury unleashed, it's also the roar of the tanks from Alpha Company, 1st Battalion 68th Armor.

The 1st Bn, 68th Arm., along with the other elements of 3rd Brigade, arrived at PCMS July 22 and are performing maneuvers, honing their battle skills until Monday, in preparation for their deployment to the National Training Center at Fort Irwin, Calif.

Along with the thunder though, has come rain, causing maneuvers to slow.

When there's rain, there's no movement, said Sgt. First Class Michael Dieckman, acting first sergeant for Co. A, 1st Bn., 68th Arm. Vehicles moving over the saturated ground tear it up.

Regardless of the downtime caused by the rain, morale is good, said Dieckman.

It's unfortunate we have to stop training because of the weather, said Pvt. Timothy Cox, an M1A1 Abrams Main Battle Tank driver for 3rd platoon, Co. A,

1st Bn. 68th Arm.

Soldiers wait in anticipation for a break in the weather and when it does, they roll into action.

One such opportunity occurred on the evening of Aug. 2. Orders were sent out, and tanks sped to their designated coordinates.

The armored unit set up a screen line, a security measure performed by individual soldiers scanning a section of terrain using night vision goggles and the tanks' own heat-sensitive thermal sites, in order to locate enemy movement in the dark. Once the enemy is detected, the location is reported for confirmation, allowing the tanks to close in, fire at and destroy the opposing force, said Dieckman.

The missions are well planned out, said Cox.

And they have to be the window for training allowed by the weather can be short lived. New weather systems, carrying more moisture, can form over the maneuver site with little warning, once again causing vehicle movement to cease.

Still, the down time gives tanker crews the opportunity to



Two tanks roll over the desert ground in

Transferring to FERS or CSRS a tough

Army News Service

Editors note: This is the final part of a series on the differences between CSRS and FERS.

Social Security

Social Security is a complex system based on a simple premise. During working years, employees and employers pay taxes into the system. When employee earnings stop or are reduced due to retirement, disability or death, benefits are paid to the retiree or his or her survivor(s).

To be eligible for Social Security retirement payments, you must have at least 40 quarters of Social Security coverage. In other words, you must have worked at a job or jobs for at least 10 years during which employment you paid Social Security taxes. Your time under Civil Service Retirement System definitely does not count toward your Social Security eligibility, unless you are covered by CSRS offset; time under Federal Employment Retirement System does, since FERS employees pay Social Security taxes.

If you retire without meeting requirements, you will never receive Social Security retirement payments. Any Social Security taxes you paid in the past would be lost; no provision exists for recovering these payments.

Employees who are short of the quarters they need for Social Security coverage, and hope to receive future Social Security payments, may be able to pick up the needed quarters by transferring to FERS.

In some cases, switching to FERS and picking up Social Security coverage can lessen or cancel the impact of the windfall elimination provision. This provision reduces Social Security retirement payments to those who have had "substantial" earnings under Social Security for less than 30 years, and who receive a retirement benefit from a system not covered by Social Security, e.g. CSRS.

A complex formula is used to figure the reduction in payments man-

dated by the windfall elimination provision. Basically, you need 21 years of "substantial" Social Security coverage to make a serious dent in the provision's impact, and 30 years to cancel it entirely and receive full benefits.

You can find out how many Social Security quarters you've earned in the past, along with an estimate of retirement benefits, by requesting a Personalized Earnings and Benefit Estimate Statement, from the Social Security Administration. To request a PEBES, call the Social Security Administration at (800) SSA-1213.

The Thrift Savings Plan

Thrift Savings Plan accounts have grown substantially in the past few years. Some observers feel that the lure of big TSP earnings will lead a number of employees to switch from CSRS to FERS. But before you make the switch, consider these facts:

- Past performance never guarantees future results. Those who are in the market through TSP and other investments must be willing to ride out both the lows and the highs. If you can't tolerate risk, staying in CSRS may be your best bet.
- The Thrift Savings Plan is not a "get rich quick" scheme. It's designed as a long-term retirement savings program for those can invest some of their own money a little at a time.
- Unless you have substantial outside investments or wealth, you must contribute your own money to your TSP account if you are covered by FERS to enjoy a comfortable retirement.
- Remember, you can open and contribute to a TSP account if you are covered by CSRS. Your return won't be as great, though, for the reasons outlined below.

Just as FERS is made up of three components, the Thrift Savings Plan is made up of three funds: The C Fund, a common stock fund that is coming off two straight years of

record returns; the F Fund, a bond index fund made up of high-quality, fixed income securities; and the G Fund, a U.S. Treasury fund made up of short-term, non-marketable government securities issued especially for TSP investors. In terms of risk and reward, the C Fund offers the highest potential returns but also the greatest risk; the G Fund is super-safe, having never posted a loss in any month while plodding along at a relatively low rate; and the F Fund is somewhere in between.

In about two years, the C, F and G Funds will be joined by two new funds. The S Fund will be made up of small-capitalization stocks traded on domestic markets, while the I Fund will be made up of international securities traded on overseas markets. If history is any guide, the S and I Funds offer greater risk, and potentially higher returns, than the C Fund.

Contributions to a TSP account can be made through payroll deduction only, meaning that only active employees can make payments into their accounts. You can put up to 5 percent of basic pay into your TSP account if you are covered by CSRS, and up to 10 percent if you are covered by FERS.

Along with a higher contribution limit, FERS employees also receive a matching government contribution. Even those who choose to contribute nothing receive a matching contribution equal to 1 percent of pay that is placed in a TSP account set up in their name.

If you do contribute to your TSP account, your contribution is matched dollar for dollar up to 3 percent of your pay, and matched 50 cents on the dollar for the next 2 percent. After that, contributions are no longer matched. Add it all up, and the matching government contribution has a maximum limit of 5 percent.

You decide how the money is allocated among the C, F and G Funds. You can change the way you

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Dining Schedule

Weekday Dining Facilities	Standard Meal Hours		Weekend Dining Facilities
3rd ACR Patton House (building 2161)	Mon., Tue., Wed. and Fri.	Thurs.	Standard meal hours
3rd ACR CAV House (building 2461)	Breakfast 7:30 to 9 a.m.	5:30 to 7 a.m.	Brunch 9 a.m. to 11 a.m.
3rd BCT Iron Brigade (building 2061)	Lunch 11:30 a.m. to 1 p.m.	12 to 1:30 p.m.	Supper 3:30 to 5:30 p.m.
3rd BCT Mountaineer Inn (building 1369)	Dinner 5 to 6:30 p.m.	4 to 5:30 p.m.	
43rd ASG Cheyenne MTN Inn (building 1040)	<ul style="list-style-type: none">• 10th Special Forces Group meal hours are the same Mon. to Fri., but do not apply on Thursdays.• Butts Army Airfield is open for breakfast and lunch only.		
10th Special Forces Group (building 7481)			
Butts Army Airfield (building 9612)			
Exceptions			
3rd BCT Mountaineer Inn is closed for dinner meals			
3rd ACR Patton House is closed til Sunday			

Active duty officers wanted by JA

By Jon Parr

Mountaineer staff

A college education is far from cheap, but active duty commissioned officers with at least two years and less than six years active duty service can get a law degree without paying a dime under the now available Judge Advocate General's Funded Legal Education Program.

The program, designed to bring excellent officers from other branches into the JAG corps is only available once a year to a limited number of officers. According to Lt. Col. Strong, Fort Carson assistant staff judge advocate, only 15 officers are going to be accepted this year.

Only 15 are accepted, but those soldiers are paid their active-duty pay while going to school, receive a free education and they can pick, with certain limitations, where they attend law school.

In return, all accepted soldiers must serve an additional six years in the military, after they finish law school. If an officer still owes active duty time when accepted into the program, that time must be served as well, Strong said.

An example, would be an officer

who has a four year ROTC commitment, but only served two years before entering the FLEP program.

"This soldier would have to serve six years for his FLEP agreement, plus the two years he owes to his ROTC commitment," Strong said.

A lot of benefits are available under this program, but getting accepted is no easy task.

College grades, officer evaluation reports, job performance and a Law School Admission Test all play rolls in determining who is accepted into the program. An interview with Fort Carson's SJA is also documented and put into an applicants packet.

While the Law School Admission Test is a requirement, Strong said there are no questions about law on the test. It is an aptitude test, Strong said.

All of this information is used by the JAG corps to pick its future leaders. Once the 15 officers are chosen, Strong said they must choose a college that will allow them to attend law school, while paying in-state tuition. Most major universities allow these soldiers to pay in-state tuition, but there are no private colleges on the list.

While in school, Strong said officers will spend their summer months working in the JAG office of the closest military installation. The time spent working in the JAG office will assist soldiers who still owe active duty time on previous commitments. The summer months spent working in a JAG office goes towards the time a soldier owes on their previous commitment, Strong said.

For three years, chosen officers will attend law school, but when they finish, they must pass the BAR exam. "When they graduate, they have to take the BAR exam, but they can choose which state exam they want to take," Strong said.

After passing the BAR, these JAG officers will hit the ground running in different aspects of law. According to Strong, new JAG officers usually deal with two or three different forms of law. "New officers are usually stationed at larger installations, so they can practice the different areas of law. The JAG corps likes its officers to be well-rounded."

Senior JAG officers can choose to concentrate on a certain aspect of law, but it is this reason why a soldier's time in service is part of the eligibility

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Sports & Leisure

Softball team seeks promotion

by Walt Johnson
Mountaineer staff

They have always been among the elite in inter-service softball competition, so last year had to be like watching your favorite car go over the side of a mountain after you just made your first payment for the Army's men team.

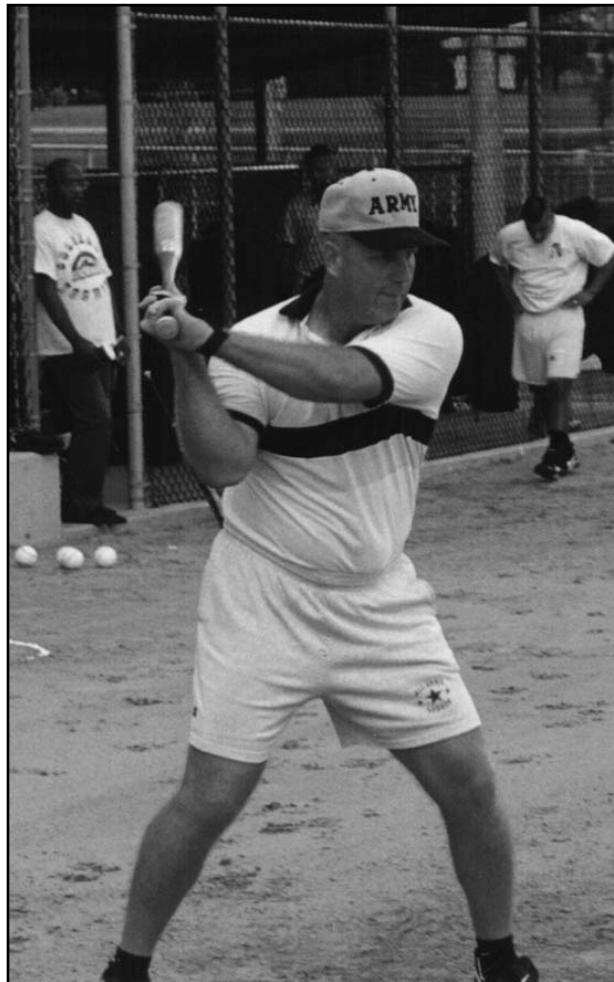
To say they would like to forget last year's last place showing would be an understatement. Even though the team was competitive in each of the games last year, they still finished last and this year's team is determined and talented enough to see that a repeat won't be in the cards this year.

Last year the Army team was 2-7 with both victories coming against the eventual champion Air Force team. They lost their other games by a combined 10 runs.

Army Head Coach Ted Rogers has assembled a team that is long on experience and built to knock down a few fences for this year's championships that will begin Wednesday at the Mountain Post Sports Complex.

One reason for the disappointing showing last year was the youth of the team. Another factor was the lack of power. This year's team will be long on both.

Last year, we had people who had not started in the past and were making the adjustment from not playing to starting. This year we have 11 or 12 people back and three people who came back this year after missing a few years. We also have a very



Photos by Walt Johnson

All-Army head coach Ted Rogers hits practice balls to infielders during a practice session at the Mountain Post Sports Complex.

A powerful team that will hit home runs and will also put pressure on teams by putting the ball down enough to score runs, Rogers said.

Rogers said this year's team will rely on

defense conditions into the win column.

We think we can win this year and cut down on the routine out of the big inning. Look at this just from what we know there will be and we have to have a chance to survive a run and score our own. We think all of the 20-30 run range, kind of numbers will come out of games, Rogers said.

The other thing that is on is conditioning. We play games in one day, two hours each, you have to be mentally.

Also you have to be able to lose a game and be ready to play the next. You don't have time to rest. In the last game, we will be able to put what we have and move on. We know it's important to take a break then go from there.

The Army team will start Wednesday with Gary Rheam at first base; Jerry Elmer Mason at the second base; have Jimmy Cabren Avery in left center

Women's softball team eyes 13th

by Walt Johnson
Mountaineer staff

President Clinton was a little

tiary softball teams of winning a championship.

The year of these occur-

number 13 to that record.

The success of our team is basically where our training camp

played

will

Race to challenge soldiers' running endurance

by Walt Johnson
Mountaineer staff

The U.S. Army Medical Department Activity unit is sponsoring a 50 mile relay race here on Aug. 29, at Evans Army Community Hospital. The race is designed to promote wellness and physical fitness for soldiers according to Capt. Kim Johanek, commander, Medical Squadron.

The idea for the relay actually came from the unit's NCOIC of medical maintenance, Staff Sgt. Ty French, who is a long distance runner himself. French got the idea after reading a letter from Maj. Gen. John M. Riggs, commanding general of Fort Carson.

I was riding my bike home one day in the heat and I came up with this idea after reading a letter from General Riggs addressing his concern about the endurance of NCOs. I know we have a lot of NCOs that do quite a bit of running and a lot of endurance stuff, but I thought this would be quite a challenge to put together a race like this. We felt

this would be a great opportunity to show the commanding general what a high level of fitness, his soldiers have, French said.

French actually wanted to make the race a 100-mile relay and when he approached his boss with the idea, Johanek wasn't sure if he hadn't been in the sun a little too long, but she knew it was an opportunity to promote fitness.

We have a lot of excellent runners in MEDDAC and other units on post. We think the length of this race will give people here an excellent opportunity to display some of our running talents, Johanek said.

French said once the MEDDAC team decided to have a race it wanted it to be something different that would be a challenge to the participating soldiers.

Everybody and their brother has 5 km and 10 km races, and, in a way, we will also have the same type of race, only it will be a relay race that stresses teamwork, French said.

The 50-mile relay race is open to teams that can have up to 10 runners running any individual distance the team chooses to total 50 miles. Johanek said the teams can have up to 10 runners because the idea is to promote fitness not to do something that will be harmful.

We want this race to be beneficial to the health and wellness of the soldiers but we also want soldiers to do only what they are physically capable of doing. We don't want runners taking on more of an obligation during the race than they can handle. We hope runners won't take on more than they can do while still letting it be a challenge to them, Johanek said.

The course is run entirely on post, beginning at the hospital. Pre-registration is currently taking place at the hospital. Runners who register before the day of the race will pay a \$15 fee while those registering the day of the race must pay \$18.

Johanek said the race course

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On the Bench

Anderson wins silver medal at Goodwill



by Walt Johnson
Mountaineer staff
World Class Athlete
Program boxer Olanda
Big O Anderson earned a
silver medal at the
Goodwill Games in New
York City after he was out-

pointed by Cuban boxer
Israel Alvarez 12-6 in the light heavyweight
bout. Anderson, the nation's top ranked
amateur light heavyweight, got to the cham-
pionship fight after defeating Russian Denis
Lebedev in a quarterfinal match.

Anderson knew he would be in a good
battle against the gold medal winning Cuban
fighter after his quarterfinal victory.

Russians are always tough, Anderson
said. The Russians and the Cubans are on
the same playing field. They're both techni-
cal fighters. His words came true as the
Cuban boxer won the gold medal.

Another WCAP boxer didn't fare as well,
but still had a good showing at the Games.
Flyweight John Medina reached the quarter-
finals of the Goodwill Games, earning a
bronze medal, after scoring a victory over
world championship bronze medalist Omar

Narvaes of Argentina 9-8. In his quarterfinal
bout Medina had difficulty adjusting to the
awkward style of Kazakhstan's Yersin
Jailauov, who bloodied Medina enroute to
his victory.

Anderson and Medina were joined at the
Games by Specialist Dawn Burrell who fin-
ished fourth in the long jump competition
just one inch off the third place finisher.
Look for in-depth features on all the
Goodwill Games participants in future edi-
tions of the Mountaineer.

Waller Physical Fitness Center closes
today and Saturday for maintenance and
inventory. The center reopens Sunday at
3 p.m. Mountain Post Physical Fitness
Center closes permanently Aug. 21.
Forrest Fitness Center opens at 5:30 a.m.
Monday through Friday, beginning Aug.
24.

Effective Aug. 29, the Haymes
Reservoir closes for fishing due to haz-
ards posed to wildlife by artificial fishing
lines and trash at the site. Officials have
said once the reservoir is closed, it will
remain so until trash is cleaned up and the
hazards are non-existent. The Directorate of

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a.m., Aug. 28 at 8
a.m. Registration
will be at the For

Rugby championships coming to Fort

by Walt Johnson
Mountaineer staff

The best rugby players in the military community will meet at Fort Carson Sept. 10 to 12 at Pershing Field to decide the 1998 military championship, a competition the Army has dominated over the past four years according to Capt. Moises Gutierrez, rugby coach.

The round robin tournament between the Army, Navy, Air Force, Marines and Coast Guard begins Sept. 10 and runs through Sept. 12. There are five games Sept. 10 and five games Sept. 11. The two teams with the best

record will meet for the championship on Saturday. And the next two teams play for third place. A feature of this tournament is the team that finishes fifth meets a team made up of all the players who didn't play much during the round robin tournament.

Although the Army has won the tournament for the past four years, said Gutierrez, the Air Force and Marines offer a stern challenge to their supremacy.

The Air Force and the Marines are always real strong teams because they are varsity sports in their branch of service. The Army is a club team, which

means the team has to support itself or get sponsorship, said Gutierrez.

Historically speaking there has been a big rivalry between West Point and the Naval Academy in rugby. Going back to the early 1900s both academies have developed a lot of good players, though the Army has had the best teams. The Air Force Academy also has a good program, they have excellent players and outstanding coaches.

This year's tournament features teams that have their own distinct style of playing. The Army has a lot of speed, skill guys and

power and the game.

The tournament Army played the past at Pershing before Quantico.

Gutierrez not like has played college football. He bonded to other you love

Race to challenge soldiers running e

by Walt Johnson
Mountaineer staff

The U.S. Army Medical Department Activity unit is sponsoring a 50 mile relay race here on Aug. 29, at Evans Army Community Hospital. The race is designed to promote wellness and physical fitness for soldiers according to Capt. Kim Johanek, MEDDAC.

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Johanek said the race course will be lined with medical people

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Get a taste of Colorado Springs' history at the **Pioneers Museum**



by Nel Lampe
Mountaineer staff
useums usually are basic
buildings housing a col-
lection of artifacts. But
the Colorado Springs
Pioneers Museum has a
building that is itself an
artifact. It is on the
National Register of
Historic Landmarks.

The building previ-
ously served as the El

Paso County Courthouse for 60 years.

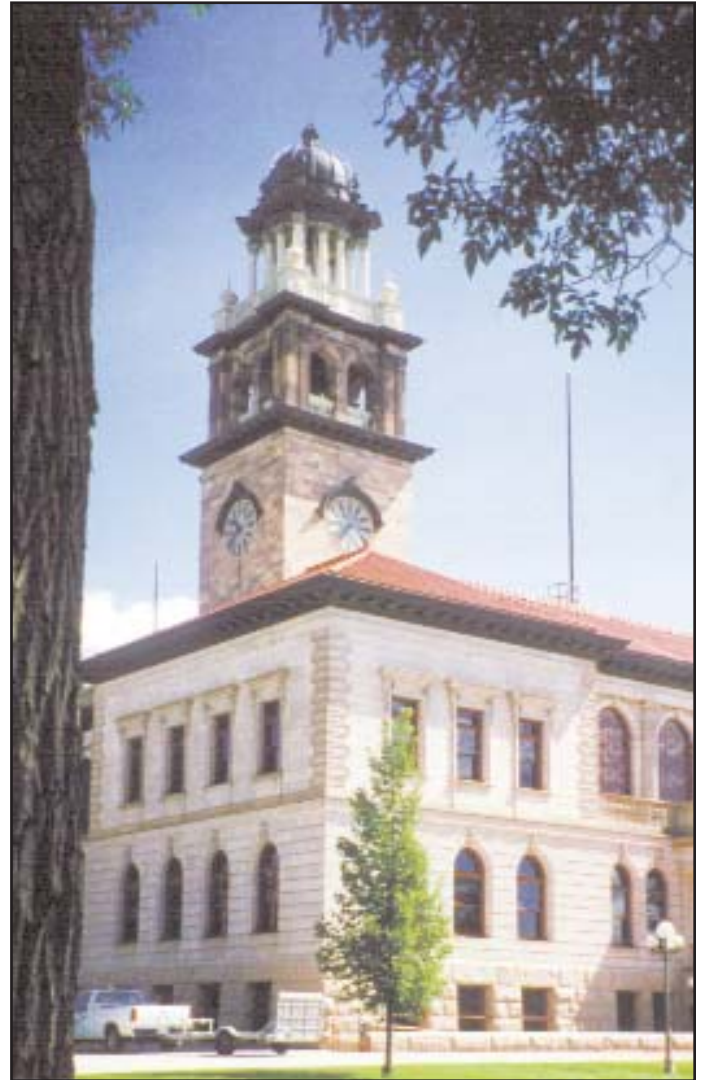
Completed in 1903, the building was placed in one of the city's original parks. August Smith, a local, unknown architect, was chosen to design the courthouse. The new courthouse was lavish, with classical features, in Renaissance style, with decorated ceilings, terrazzo floors and gracious columns.

The luxurious building was completed for less than half a million dollars, including its furnishings.

Native American stone masks are in the keystones of each ground floor window, representing different tribes which lived in the Pikes Peak area. A view of Pikes Peak can be seen from the west entrance. Beautiful flower gardens and benches complement the well-kept lawn. A large gazebo/bandstand graces the south lawn.

When it was decided a new courthouse was needed in the mid 60s, the magnificent courthouse was scheduled for demolition. But a small group of citizens took up the fight to save the courthouse. They were successful, and the building was deeded to the city. The decision was made to relocate the Pioneers Museum into the building in 1972, and the museum reopened in its new location that same year.

Once inside, ask about the video of local



Photos by Nel Lampe

The Pioneers Museum is housed in the former El Paso County Courthouse.

Palmer, the city's founder, are displayed in the museum. Palmer also established the Denver and Rio Grande Railroad.

A few years ago, the museum came in contact with Palmer's great granddaughter, who lives in England. The granddaughter and her husband have visited Colorado Springs and the Pioneers Museum a couple of times, and have donated the Palmers' letters and personal belongings to the museum.

Just the Facts

Travel time 15 minutes

For ages all

Type museum

Fun factor

(Out of 5 stars)

Wallet damage = free

(Based on a family of four)

\$ = Less than \$20

\$\$ = \$21 to \$40

\$\$\$ = \$41 to \$75

\$\$\$\$ = \$76+

Pioneers——

From Page B1

S. Flintlock, a Colt, a U.S. Special flintlock percussion rifle from 1861, a Colt percussion Navy revolver and several other old military firearms are on display.

The Crouch Room houses a large collection of Van Briggie pottery, including a rare Van Briggie tile fireplace.

Presently on display in the museum are several artifacts which once belonged to Winfield Scott Stratton. Stratton was a carpenter, turned gold prospector, who made millions of dollars in the Independence Mine at Cripple Creek. Stratton was a great benefactor to Colorado Springs, once he struck it rich.

Among the philanthropic donations he made to the city's citizens included a trolley system and land for the city hall. He bought the old courthouse so a new one could be built. When most of Cripple Creek was destroyed by fire in 1896, Stratton personally purchased two train box cars full of food, blankets and supplies to help the victims. His will provided for the establishment of a home for orphans and old people, which is on Highway 115 near the Southgate Shopping Center.

Housed on the second floor of the museum is a turn of the century drugstore

and medical equipment.

Providing a peek into the life of tuberculosis patients in the late 1800s and early 1900s, one of the huts used at local sanitariums is on display. The white huts with red roofs housed one patient each, and were lined up in rows at the sanitariums. The recommended cure for TB patients at that time was to live in a high, dry climate, breathe fresh air and have lots of sunshine.

Since Colorado Springs had all those elements, many TB patients came here for the cure, and some of them made great contributions to the city's history along the way.

Also on the second floor is the main courtroom of the original courthouse. The oak paneled courtroom serves as an auditorium for museum lectures and also serves as an artifact of a typical 1903

courtroom.

An unusual exhibit at the Pioneers Museum is the Helen Hunt House. Helen Hunt was a poet in America. She came to Colorado Springs for health, and later lived in the Springs civic league.

The Jackson House of Kiowa and We built by the carpenter.

It is furnished and serves as a display. Colorado Springs

An extensive collection is located on the

Currently on exhibit is a collection, which includes some of the best known western artists. T



The oak-paneled courtroom has been used as a setting for film

Community Events ACS

The Family Member Employment Assistance Program offers a Standard Form 171 and Optional Form 612 workshop Aug. 26 and Sept. 9 from 1 to 3 p.m. These forms are basic federal employment applications.

The workshop provides insight in completing applications and general hints about the most effective ways to describe professional experience.

To register or for more information, call 526-0452.

The Family Member Employment Assistance Program holds a resume workshop Sept. 2 and 16 from 1 to 3 p.m. The workshop includes a variety of resume styles.

For registration and information, call 526-0452.

The Nurturing program is looking for volunteers. Volunteers receive intensive, professional training Monday and Tuesday 9 a.m. to 4 p.m. Active duty volunteers can receive promotion points and there is a child care reimbursement for volunteers.

Nurturing program for age group 0 to 5 begins Sept. 11 and age group 4 to 12 begins Sept. 14. Registration is Aug. 26 from 9 a.m. to 3 p.m. at the ACS building.

For more information, call 526-4590.

The Puppet Troupe is looking for volunteers to help support its very important puppet show. Using the nationally known puppets Kids on the Block, volunteers help to deliver this show to area elementary schools. Volunteers will receive free child care.

For more information, call 526-4590.

The Family Advocacy Program is sponsoring a playgroup every Friday

Miscellaneous

morning from 9:30 to 11:30 a.m. at the Spiritual Fitness Center. The group is open to all ages.

For more information, call 526-4590.

The Directorate of Community Activities is closed Thursday for its annual organizational day. Minimal staffing is provided to allow DCA personnel to attend this event.

The Fort Carson Equal Opportunity Office is looking for volunteers to assist with the Hispanic Heritage Month Cultural event. Meetings are every Thursday from 1 to 2 p.m. at the Post Physical Fitness Center conference room.

For more information, call 526-3385.

A New Business start-up workshop is being held Aug. 20 from 8 to 11:30 a.m. The three-hour seminar is designed for all military personnel, family members, Department of Defense civilians or anyone with a valid DoD ID card.

Some techniques being discussed are the practical preparation and basics of preparing a business plan. The seminar is held in building 1219. There is a \$15 fee.

For more information, call 526-1002.

Construction to Gate 1, Nelson Blvd. and State Route 115 is scheduled to begin mid-August and be completed in October. Gate 1 will remain closed and traffic will be detoured to Gate 2, O Connell boulevard, at Route 115.

The Fort Carson landfill is changing operating hours Sept. 1. The new times are Monday through Friday from 7 a.m. to 2:30 p.m. Relocation of sanitary disposal is just west of Route 5 and Tank trail C, on the landfill road.

For more information, call 526-6676.

A representative from United Concordia will be at Evans Army Community Hospital Sept. 2 from 9 a.m. to noon. The representative will answer questions and concerns about the Active Duty Family Member Dental Plan.

For more information, call Patricia Baca at 526-7174.

TRICARE offers appointments for school physicals. The following dates and times are available: Wednesday, Thursday, Aug 26 and 27 from 12:30 to 4 p.m. and Aug. 22 and 29 from 8:30 a.m. to 4 p.m.

The Department of Defense is currently recruiting for its Fight for Life crusade marrow program Aug. 21. at Christopher's restaurant from 8 a.m. to 4 p.m.

Active duty soldiers, family members, civil service employees, national guardsmen and drilling reservists are encouraged to participate. Racial and ethnic compatibility is the best chance for finding a match which can lead to a cure.

For more information, call 526-7369.

The Pikes Peak/Fort Carson Red Cross offers babysitting classes Aug. 21 and 29 from 1 to 5 p.m. The cost of the class is \$25 which includes a book.

The class is held at the Fort Carson Red Cross, building 1641. Youths 11 to 15 years of age are welcome.

For more information, call 524-1279.

The Fort Carson car sales has relocated to the Bowling Center back parking lot. All vehicles must register with the Abandoned Vehicle Lot at a cost of \$10 per vehicle and \$15 per RV. The lot is open to all Fort Carson military, retirees and Department of Defense civilians.

For more information, call 526-6028.

Directorate of Public Works is announcing cutbacks to post custodial work. If you received service five days a week, it is cut back to three days a week; three days a week to two days a week, and one day a week to every other week. If you have a need for more frequent service, it can only be arranged on a reimbursable basis.

For more information, call 526-9241.

The Fort Carson DRMO conducts a sealed bid zone sale Thursday with all bids to be opened at 7:30 p.m.

Inspection is 7 a.m. to 4 p.m. Monday, Tuesday and Wednesday.

For more information, call 526-6836.

The YMCA national headquarters is hosting a poster contest for children of military families. The poster is a drawing of the military family on 8 1/2 x 11 white unlined paper. Along with the poster, include a cover

letter with name, age, grade level and address of child, and information about parents including full name, military unit and phone number.

All entries must be received by Sept. 25. Send entry to: Armed Services YMCA national headquarters, 6229 Brandon Ave., Suite 215 Springfield, VA 22150-2510.

The Young Children and Families, Inc., is looking for volunteers to provide service coordination to families that have infants and toddlers with special needs in El Paso County. High school diplomas or equivalent a must.

YCF is looking for foster parents

For more information, call Christine Mahler at 577-9190.

The Pikes Peak and Fort Carson Red Cross is holding a Community Cardiopulmonary Resuscitation class Saturday from 8 a.m. to 5 p.m. in building 1641. The cost is \$45.

For more information, call 524-1279.

Head Start enrollment is under way for the 1998-99 school year. El Paso county residents with children who are 3 or 4 by Sept. 15 may qualify for a free preschool program.

Classrooms are located at local elementary schools in districts 2, 3, 8, 11, 20, Ellicott and Peyton. Children attend school two days a week, either Monday or Wednesday or Tuesday and Thursday, six hours a day.

Call 635-1536 to make an enrollment appointment.

The U.S. Association of Blind Athletes is seeking 140 host families in Colorado Springs to house cast members of Up With People Sept. 10 to 14. The group is an international performing arts group with cast members from all over the world.


For more information, call Kim King at 630-0422.

The Kids Resource Network is looking for a few good people interested in working with kids and families. If interested, call 227-7477.

Fountain-Fort Carson School District 8 is currently accepting applications for food service employees. Part-time, substitute, and catering positions are available.

Apply in person at: Support Services Facility, 11355 Old Pueblo Rd., Fountain or call 382-1334 for more information.

The March of Dimes Association is looking for volunteers for the Jerry Lewis Labor Day Telethon. Volunteers are needed



BOSS
"Better Opportunities for Single Soldiers"

The BOSS program holds a town hall meeting Thursday at McMahon Theater from 1 to 3 p.m. Single soldiers interested in joining BOSS are invited to attend meetings every 2nd and 4th Thursday of the month.

BOSS is open to all ranks, single parents and single Air Force personnel working at Fort Carson.

The BOSS program has scheduled a Waterworld trip for only \$5. For more information, call 526-9241.

Military Briefs

The 4th Finance Battalion is now receiving and reviewing all travel vouchers. Soldiers can turn their vouchers in to their Personal Administration Center or bring them directly to the customer service counter in building 1220. People should no longer submit travel vouchers to the Directorate of Resource Management.

For more information, call 524-1125.

Applications are now being accepted for the Judge Advocate General's Funded Legal Education Program. This program allows the selection of 15 Army officers to attend law school at government expense while on active duty. Candidates must have at least two, but no more than six years of active duty at the time law school commences.

Eligible officers interested in applying should register for the fall Law School Admission Test. Applications must be sent through the candidates chain of command and be received by their branch no later than Nov. 1.

For more information, call 526-1441.

Third Brigade Combat Team is using smoke and CS gas at the Pinon Canyon Maneuver Site until Monday.

The Supply Management Branch, including material management section I and II, customer assistance, local purchase, editing and the main offices have relocated from building 8000 to building 237. Telephone numbers and fax numbers remain the same. For more information, call 526-9086.

The Cavalry Group Veterans Association is scheduled to hold its 51st

annual reunion Sept. 4, 5 and 6. The event is held at the Best Western Midway Chicago/Elk Grove Hotel in Elk Grove Village, Ill.

For more information, call George Hansen (630) 983-6864 or Gene Andrews (773) 779-7786.

Annual leave donors are needed to help cover the absences of Darlene Dowd and Tina Adamic, due to the exhaustion of their available paid leave. Civilian employees willing to donate annual leave under the Voluntary Leave Transfer Program can obtain leave donation forms from your administrative/personnel section. Completed forms should be forwarded to your Leave Approving Official for approval and then to the customer service representative at the Directorate of Resource Management.

For more information, call 526-7248.

Effective Jan. 1, 1999, all federal payments are made via electronic funds transfer. This rule is a result of the Debt Collection Improvement Act of 1996 and it will affect Army vendors and all soldiers and Department of the Army civilians.

The Education Center and Pikes Peak Community College have developed a program that provides 100-percent tuition assistance to enlisted soldiers. To qualify, a soldier must take the PPCC placement test, have a minimum GT score of 100 or higher and receive a recommendation from their unit commander. Next term's classes run Aug. 31 to Oct. 16.

The Commanding General's Newcomer's Expo and Briefing is today from 1 to 3:15 p.m. at the Elkhorn Conference Center. Spouses are welcome. Duty uniform is mandatory. For more information, call 526-0428.

The U.S. Air Force Cadet Sponsor Program is searching for volunteers to act as sponsors for the class of 2002 during the 1998/99 academic year. The purpose of the

program is to provide cadets with host families that expose them to military family life, provide positive adult role models and give them a place to relax away from the cadet wing.

All interested sponsors must reside in the Colorado Springs area, must hold an enlisted rank of sergeant first class or above and officers must be a captain or above.

For more information, call 333-2727.

The Engineering Community is currently looking for motivated soldiers in ranks of private through private first class and soldiers in the rank of specialist or corporal with less than a year time in grade.

Soldiers interested must possess a GM score of 100 or above and a GT or ST score of 110 or above. For more information, call DSN 436-5261.

Sand Canyon Road is closed for construction Monday to Sept. 30. Units traveling downrange must use alternate routes.

The Central Issue Facility new business hours are: Monday, Tuesday, Wednesday, and Friday from 7:30 a.m. to 3 p.m.; Thursdays from 7:30 to 11 a.m. Emergencies during nonbusiness hours will be handled on a case-by-case basis.

For more information, call 526-6477.

An Army ROTC Green to Gold brief is scheduled every Tuesday at the

The Fort Carson Criminal Investigation Command has begun full operation of its Fraud, Waste and Abuse Hotline. The hotline allows members of the community to report incidents of suspected fraud, waste and abuse.

To report suspected cases of fraud against the government, call the hotline at 524-1120. Callers can remain anonymous and all information is confidential. Callers must, however, leave enough information

Sports & Leisure Athletics

The outdoor swimming pool will hold the last swimming lessons for advanced, beginner and pre-school levels. The classes are held three times a day for each category, from 8:30 to 9:15 a.m. for the first class; 9:30 to 10:15 for the second class; and 10:30 to 11:15 a.m. for the third class. The date for the session is: Monday through Aug. 28. The cost for the class is \$20 per session.

Fort Carson will hold the inaugural Half Marathon here Aug. 22. The event will be open to soldiers, members of the Colorado Springs military community and the general public. More information on the Half Marathon will be available in future issues of the Mountaineer.

For further information contact Richard Baldwin at 526-2151.

The Pride Soccer Club of Colorado Springs is looking for boys, born between Aug. 1, 1985 and July 31, 1986, to play on one of their competitive soccer teams for the upcoming fall and spring seasons.

According to Pride officials this is a great

opportunity for young men to play competitive level soccer here. The Pride plays in the Colorado State Youth Soccer Association. The games are usually played each Saturday once the season begins. The season consists of 10 games. Five games are at home and five games are away, usually in the Denver area.

The fall season is scheduled to run from Aug. 22 to Oct. 31. The spring season will begin sometime in March.

Cost for participation is \$110 per person. Anyone interested in further information can contact Bob Kinsey at 535-6754 at work, or 594-0787 at home. For more information on other soccer playing opportunities for boys and girls call 597-6700.

The Outdoor Recreation office is sponsoring half-day white water rafting trips all summer. The staff will provide an adventurous, scenic seven-mile raft trip on the lower Arkansas River. Trips are available through Thursday.

Units can sign up Wednesday through Thursday on a space available basis. Individuals may sign up on Saturdays. Transportation is provided but lunch is not provided.

The outdoor recreation program is a licensed river outfitter in Colorado. Morning departures and afternoon departures are available. The cost is \$23 per individual and \$20.50 per individual in a group.

For more information, call the outdoor recreation office at 526-2083.

The 1998 Garrison Golf League is conducted on Monday afternoons at the Cheyenne Shadows Golf Course on post. All members of the Fort Carson community are invited to participate in the league and are encouraged to bring along friends and co-workers.

Tee times for the league start at 3:30 p.m. and run until 6:30 p.m. For more information, contact Russ Lee at 526-8346 or Capt. Jean Kobes at 526-9469.

The Cheyenne Shadows Golf Course office has announced the following fee changes effective immediately.

Category one: weekday \$8; weekend/holiday, \$10; Twilight, \$5, 10 play, \$60.

Category two: weekday \$12; weekend/holiday, \$14; Twilight, \$9; 10 play, \$100.

Category three: Department of Defense: weekday \$14; weekend/holiday, \$16; Twilight, \$11; 10 play, \$120.

Civilian: weekday \$20; weekend/holiday, \$22; Twilight, \$14; 10 play, \$180.

The twilight rate is only available after a designated time in the afternoon. Twenty-five percent discount cards are available for 10 rounds of golf. The amount of the discount is based on rank. Currently it is 6:30 p.m. but that will change as sunset time changes.

Turkey Creek Recreation Area offers a variety of recreational opportunities such as picnic and playground facilities; sand volleyball courts; outside basketball court; horseshoe pits; softball fields and pavilions to accommodate 50 to 500 people. Turkey Creek also has

Colorado State Fair
The Colorado State Fair runs from Aug. 22 through Sept. 7, in Pueblo, with a special military weekend Aug. 22 and 23. Watch for a story in next week's Happenings. Throughout the weekend, gate admission is just \$3 for active military, reserve and National Guard and their families, with military ID on military weekend. The regular admission price is \$5. Nightly concerts feature such entertainers as Clay Walker, Jars of Clay, Little River Band, Lynyrd Skynyrd, LeAnn Rimes and Bryan White, Loretta Lynn and Clint Black, among others. For information about the concerts, call 800-876-4567 or check the Web site at www.col-oradosfair.com.

Koala country
The Koalas' visit at the Cheyenne Mountain Zoo has been extended. The Koalas were scheduled to leave in August, but their stay has been extended through Sept. 7. The zoo is located near the Broadmoor Hotel at 4250 Cheyenne Mountain Zoo Road.

Get Out!



Photo by Nel Lampe

Upcoming musicals are taking place at the Pikes Peak Center.

Broadway in the springs
Interested in attending road shows ala Broadway? Now's your chance to buy season tickets. The upcoming season at the Pikes Peak Center includes Tap Dogs, The King and I, Spirit of the Dance, and A Funny Thing Happened on the Way to the Forum. Season tickets are priced from \$75 to

\$135. Season ticket holders are also entitled to the option of Love Letters, for \$18 to \$35.50 extra. If tickets are available they are sold individually nearer to show time. Presently tickets are on sale for Tap Dogs at \$28 to \$38, and The King and I are \$20.50 to \$38. Both shows are in October. Call the box office at 520-7469.

Academy Concerts features in its 98-99 season Dionne Warwick Oct. 17 and Charlie Daniels Nov. 14. The rest of the season includes Smokey Joe's Cafe, Cirque, and Meet Me in St. Louis. All performances are at Arnold Hall Theater at the Air Force Academy. The subscription price for six shows starts at \$75. Call 333-4497 for information.

Contra square dance
If you've ever wanted to learn how to Contra dance, here's your chance. Interested in square dancing? The place to learn both dances is Gaylord Hall, at the Worner Center at Colorado College, at 902 N. Cascade. Anyone 14 years and older is welcome, Saturday, from 8 to 11 p.m. A beginners workshop is from 7:15 to 8 p.m. Admission is \$6.

Choral tryouts
Like to sing? The Colorado Springs Choral has auditions Sept. 1 and 2, at 7 p.m. in Packard Hall Auditorium on the Colorado College campus. The choir rehearses on Wednesday evenings. People auditioning

W orth Hearing

Ratings:
☆☆☆☆
5 = a must buy
4 = pitch in with a friend
3 = see if a friend bought it
2 = wait for radio release

Title: Blender
Artist: The Murners
Label: MCA
Tracks: 11
Time: 33:39
Rating: ☆☆☆ 1/2
It was about a year ago this time when the Murners released Pristine Snut, an album promising to deliver fun music about life, love and other assorted things. In this spot Pristine Snut was described as sexy, sweet and mean-spirited. Since Blender features many of the songs that appeared on Pristine Snut, it can be described pretty much the same way.
For all the old tracks on Blender, Heather and Leisha went into the studio and re-recorded them, adding keyboards, synthesizers and Hammond Organ. The results seem to be music with more depth. Producer/keyboardist Matthew Wilder seemed able to bring out more feeling to the music, especially to the powerful I m A Mess. Wilder added the B-3 sound, along with grittier vocals, giving

this song about depression more angst than it had on the previous release.
The new songs are especially interesting. La Di Da is about a beautiful girl that no one will pay attention to. This could be a metaphor for the Murners, whose big-time career seems to be, hopefully, temporarily stalled. Another new song of note, Smash, was co-written with Jane Weidlin and Charlotte Caffey of the Go Gos. The sound and feel is much like what the Go Gos would give us if they were still together, but with the same attitude that the Murners are known for, a slam on someone who can't walk past a mirror without looking. I See Your Face and I Want To/Smash.
It would be easy to give Blender the same four stars as Pristine Snut, but since there is a dearth of new material, it's hard to give this album more than 3.5 stars. MCA Records is really pushing for the Murners to become a commercial success, and based on the music, they should. That's why a new producer was brought in, as well as some songwriting